



I'm Going to Be a Dad: Now What? Everything You Need to Know about First-Time Fatherhood

Craig Baird

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So, you are going to be a dad? The first leap can be an overwhelming, confusing, and complex time in your life. Nine months might not seem like enough time to figure it all out.

Lucky for you, I'm Going to Be a Dad: Now What? has done the research for you, compiling all the information needed for first-time fathers. Starting with the moment you found out you were expecting, this book takes you through your role in the parenting process. You will learn how to help your partner during the pregnancy, how to prepare for the birth, and what to do during labor. This book further details what to expect after the birth, including the many different ways your household will change, from pets and possessions to baby-proofing.

This book may not make you sleep, but it will give tricks to catching up on sleep between the crying and infamous 3 a.m. feedings. You will learn how to keep calm and adjust to your new role as a dad. This book discusses the health issues your child may have and how to deal with teething, a colic, and potty-training. You will learn what to expect as your child grows up and different games to play with your child to help develop their skills.

Above all, you will learn how your role as a father will vary from that of the mother and how to juggle between working, being a father, and spending time with your partner. This book will guide you through the earliest days of your child's life to the learning phases of toddler years as you learn how to be a first-time father. Welcome to fatherhood!

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