



# How To Interpret Your Dreams: and discover your life purpose

*Michael P Sheridan*

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## **How To Interpret Your Dreams: and discover your life purpose** Michael P Sheridan

Smashing the myths Michael demonstrates the simplicity of Dream Interpretation. In this well structured book he starts with the basics and gently introduces how dreams give direct guidance on your health. That alone is worth the sticker price but it doesn't stop there! With each chapter the arsenal for cracking the code in dreams is advanced until from your dreams you can answer the deeply philosophical questions, "*Why am I here?*" and "*What is my life purpose?*"

Michael writes from an unashamed spiritual perspective but with his feet firmly on the ground. With this book you can take steps to restore your power and regain control of all aspects of your life.

Your dreams want you to be in loving relationships, healthy, happy and successful. They are an illusion created to help you wake up from other illusions. You would be wise to listen to them.

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