



# Altered Dreams...: Living with Gender Disappointment

*MA, Katherine Asbery*

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Hearing "It's a BOY!" should have brought me great joy, but instead, it brought me months of anger and denial as well as a lot of sadness and shame at times. I wanted to experience raising a daughter as well as my sons. What did I do so wrong that I was not allowed to parent both genders? Why was I denied this life experience? How did I suddenly become the brunt of many jokes and strange looks just because I had the privilege to be raising only sons? Altered Dreams is an inspirational writing for parents who may be experiencing disappointment in the gender of their unborn child. Through my years both as a mother and a psychologist, this issue of gender disappointment has come up over and over. Yet, no one wants to write or talk about it where we can all come together on even ground. Gender disappointment has psychological impact on all facets of one's life. As I share my journey, and those of others, from despair to acceptance after the birth of my third son, you will realize that you are not alone in this way of thinking or feeling. What you feel is real, and there are ways to handle your disappointment effectively. Most importantly, you will realize you no longer have to suffer alone.

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#### **Patricia Rhee:**

As people who live in often the modest era should be up-date about what going on or info even knowledge to make them keep up with the era which can be always change and progress. Some of you maybe will certainly update themselves by reading through books. It is a good choice for you personally but the problems coming to an individual is you don't know what one you should start with. This Altered Dreams...: Living with Gender Disappointment is our recommendation to help you keep up with the world. Why, since this book serves what you want and need in this era.

#### **Heather Wade:**

On this era which is the greater particular person or who has ability to do something more are more treasured than other. Do you want to become considered one of it? It is just simple way to have that. What you should do is just spending your time not much but quite enough to have a look at some books. On the list of books in the top record in your reading list is definitely Altered Dreams...: Living with Gender Disappointment. This book which is qualified as The Hungry Inclines can get you closer in turning out to be precious person. By looking upward and review this book you can get many advantages.

#### **Martin Dowling:**

That e-book can make you to feel relax. This specific book Altered Dreams...: Living with Gender Disappointment was colorful and of course has pictures around. As we know that book Altered Dreams...: Living with Gender Disappointment has many kinds or variety. Start from kids until teenagers. For example Naruto or Private investigator Conan you can read and believe you are the character on there. So , not at all of book tend to be make you bored, any it can make you feel happy, fun and loosen up. Try to choose the best book in your case and try to like reading in which.

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