



Nutrition and Physical Activity: Health Information Sources in EU Member States, and Activities in the Commission, WHO, and European Networks

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Awareness of the importance of nutrition and physical activity for good health has given rise to a multitude of projects with different scopes and methodologies. This variety makes it necessary to bring the results of these activities into a coordinated framework. This book aims to summarize the activities carried out by the EU countries to address these determinants of health. Contributors are drawn from Germany, Italy, Sweden, and United Kingdom.

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