



The Everything Parent's Guide To Children And Divorce: Reassuring Advice to Help Your Family Adjust

Carl E. Pickhardt

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For parents, the hardest part of divorce is how it affects the kids. How do you explain to your child the reasons for choosing to divorce your spouse? How do you avoid creating feelings of guilt or blame, and let them know they are not responsible for the decision? *The Everything Parent's Guide to Children and Divorce*, written by expert author, psychologist, and child of divorce Carl E. Pickhardt, Ph.D., provides you with the support you need to prepare your children for this adjustment.

This insightful handbook advises you on:

- Communicating openly about divorce
- Supporting your child emotionally
- Running a single-parent family
- Anticipating problem behaviors
- Helping your child feel comfortable at school and with friends
- Preventing your child from "acting out"

A comprehensive guide to help you make informed, confident decisions, *The Everything Parent's Guide to Children and Divorce* is the one resource you need to help your child make it through this difficult time with ease.

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