



# Healing Pain: Attachment, Loss, and Grief Therapy

*Marianne Davidsen-Nielsen, Nini Leick*

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Feelings of loss, resulting in grief, are triggered by many situations besides the death of a loved one. *Healing Pain* investigates why the process of grief can be such a dramatic turning-point, and why people who undergo it are never the same as they were before. A bestseller in Scandinavia, it describes the treatment methods developed by the authors to help people find the healing power inherent in health grief and gives detailed and practical advice on how to work with normal and pathological grief in individual or group settings.

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