



# Psychodynamic understanding of depression: The meaning of despair

*Willard Gaylin*

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## **Psychodynamic understanding of depression: The meaning of despair** Willard Gaylin

Depression is a well-defined clinical entity, identifiable by symptoms recognisable in all cultures through all ages. Here, Gayle traces the development of a psychoanalytic theory of depression from its inception with Abraham and Freud through recent theorists such as Klein, Spitz and Bowlby.

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