



# Start The Revolution Within: A Journey Towards Vibrant Health & Weight Loss

*Brian M Heater*

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# Start The Revolution Within: A Journey Towards Vibrant Health & Weight Loss

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**Start The Revolution Within: A Journey Towards Vibrant Health & Weight Loss** Brian M Heater  
Revised Edition 2012 - Learn the Secrets of Natural Health, Well-Being & Weight Loss - Author Brian M Heater has been an alternative counselor and teacher for over 25 years. In early 2000 he needed some personal health changes and discovered the secret to vibrant health & weight loss. He developed a program based on these principles and went on to test it on himself. Brian found vibrant health and energy. He lost a total of 83 lbs and changed his life in less than 4 months! Through this easy to follow program he transformed himself and became a new man - vibrant, healthy & full of life. By following these techniques you can too! Based on the principles of the "Law of Attraction" as made famous by "The Secret", and Brian's own unique easy to follow step-by-step cleansing and diet program, this information will change your life. This book & program will guide you on an exciting journey of vibrant health and personal transformation !

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