



Foot Orthotics in Therapy and Sport

Skip Hunter, Michael Dolan, John Davis

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Features background information for beginners in foot orthotic therapy, outlining the latest theories, approaches and techniques for making braces and supports. The book also provides ideas for more practised sports clinicians. The highly-illustrated format is designed to help practitioners to customize orthotic devices for athletes and patients, improve the quality of their orthotics and save time by creating orthotics in-house. The advice given also helps to promote healing, allowing athletes to return to the game more quickly. The book offers easy, hands-on instructions for making state-of-the-art orthotics.

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