



Prentice Hall Health's Outline Review of Massage Therapy

Barbara B. Rice BA LMT

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Preparation for the National Certification Board for Therapeutic Massage and Bodywork can be overwhelming. This concise and specific review of information found on the NCBTMB and other state licensing exams is the only manual needed to successfully sit for and pass these tests. Develops subjects covered in the book from the outline in the NCBTMB exam booklet. Parallels the organization of test questions in the book to test questions in the NCBTMB. Offers the most current information in the field of massage therapy. Features end-of-chapter sample tests for each chapter with rationale for each answer. Presents Eastern therapies in an organized and logical fashion with bulleted hints. Provides a business context for discussion of massage and massage techniques—includes strokes, indications, contraindications, treatment protocol, adjunct therapies, business practices, and the massage environment. Includes an accompanying CD-ROM with two additional 100-question examinations. An extremely useful reference for any practicing massage therapist who needs to obtain state and/or national licensing to maintain their professional status.

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