



# Activities for the Family Caregiver - Parkinson's Disease: How to Engage / How to Live (Volume 2)

*Scott Silknitter, Dawn Worsley, Robert Brennan*

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## **Activities for the Family Caregiver - Parkinson's Disease: How to Engage / How to Live (Volume 2)**

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A unique blend of decades of activities and engagement experience mixed with long term care experience, the *Activities for the Family Caregiver: Parkinson's Disease: How to Engage / How to Live* offers information and insight to enhance quality of life for family caregivers.

Learn new communication and engagement strategies to improve time spent with your loved one. Gain new insight as you learn the "how to's" and "why" techniques of activities of daily living and leisure. Discover how to turn daily activities and routines into opportunities to start some joy. Written by nationally-recognized leaders, *Activities for the Family Caregiver: Parkinson's Disease: How to Engage / How to Live* provides much-needed information to address the unique social needs of those with traumatic brain injury and those who care for them.

### Topics Covered in this Book

- Parkinson's Overview
- Family, Friends and the Benefits of Activities
- Know Your Loved One-Information Gathering and Assessment
- Communicating and Motivating for Success
- Customary Routines and Preferences
- Planning and Executing Activities
- Leisure Activity Categories - Types, Topics, and Tips
- Activities of Daily Living - Tips and Suggestions
- Home Preparation
- Personal History Form

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#### **Michael Battle:**

Why don't make it to become your habit? Right now, try to prepare your time to do the important act, like looking for your favorite guide and reading a book. Beside you can solve your problem; you can add your knowledge by the publication entitled Activities for the Family Caregiver - Parkinson's Disease: How to Engage / How to Live (Volume 2). Try to the actual book Activities for the Family Caregiver - Parkinson's Disease: How to Engage / How to Live (Volume 2) as your friend. It means that it can to get your friend when you truly feel alone and beside those of course make you smarter than ever before. Yeah, it is very fortunated for yourself. The book makes you much more confidence because you can know almost everything by the book. So , let's make new experience and also knowledge with this book.

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