



# DIY Face Masks and Scrubs: Natural and nourishing homemade skin care

*Stacy Karen*

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DIY Face Masks and Scrubs is a comprehensive guide to create natural and nourishing skin treatments.

Includes:

- over 55 recipes!
- a thorough ingredient guide so you can create your own combinations
- instructions and tips for preparing the skin before applying scrubs and masks
- bonus section includes tutorials for making infused oils and honey (to include in your face scrubs and masks)
- step-by-step instructions make the whole process simple

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