



# **You Will Be OK I Promise!: (A Uniquely Helpful Guidebook)**

*Dannie Duncan*

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“The therapist informed me that I was like an anorexic in that an anorexic doesn’t recognize hunger and has to be told when to eat. I didn’t recognize disrespect and had to be clued in to when it was going on in a form too subtle for me to recognize or too bold for me to believe it was what it was” After experiencing one molestation and two sexual assaults in my youth, I went on to enter into three consecutive abusive relationships as an adult – with so-called Players. And then... I had a nervous breakdown. How Do You Spot a Player? How do you really know if you are involved with – or are about to get involved with – a player? You feel chemistry, you are having fun, but something feels a bit off. Bingo – that is your first clue that you may be with a player! Trust your instincts Girl! Before you invest too much time... here are five hard-earned secrets for spotting a player. 1. He will move in fast, and act if he is in love from day one. Players are passionate and persistent. They will come at you with everything – and they won’t give you much time to think, before they sweep you off your feet. Before it is appropriate, you will feel your relationship escalating at a rapid pace. 2. He will contact you at odd times. Players like to contact you in odd ways, and when you least expect it. They may throw pebbles at your bedroom window at midnight, or show up at your job unannounced. This is because they like to keep you off guard. 3. He will immediately sweet talk you, call you nicknames, or touch you inappropriately. On day one – players may call you baby, or they may grab you, and tongue-kiss you in public. 4. He will have lots of female friends – and many are ex’s. Players collect potential-booty-calls. 5. Once a player has got you – they keep you waiting. Players will keep you waiting, disappear for days at a time, or stand you up. They may have you staring at your cell phone waiting for the next text. This is how you keep from ever getting involved with, or hurt by a player ever again. Be mindful of the signals that players put out there, and you will be sooo ahead of the so-called “Game”. If you would like to speed up the process of finding your true soulmate, enjoying life, and living happily into your future, and discover hundreds of secrets learned the hard way from someone who mastered the art of player-detection by living through three long-term-relationships with hardcore players... Get your copy of - You Will Be OK, I Promise - to turn the tables on players once and for all!

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