



The Art of Helping: What to Say and Do When Someone is Hurting

Lauren Littauer Briggs

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The Art of Helping addresses thirty of the most common heartaches people face and takes away your fear of involvement by helping you understand what people are most likely feeling and going through. Lauren offers practical help with a list of things to say—and what not to say. The Art of Helping gives you examples of ways others have offered creative and heartfelt support and comfort. There is also a section of sample prayers that help the brokenhearted feel and experience the grace, healing, and comfort of a loving and compassionate God. This book is a practical, hands-on guide in any difficult situation.

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